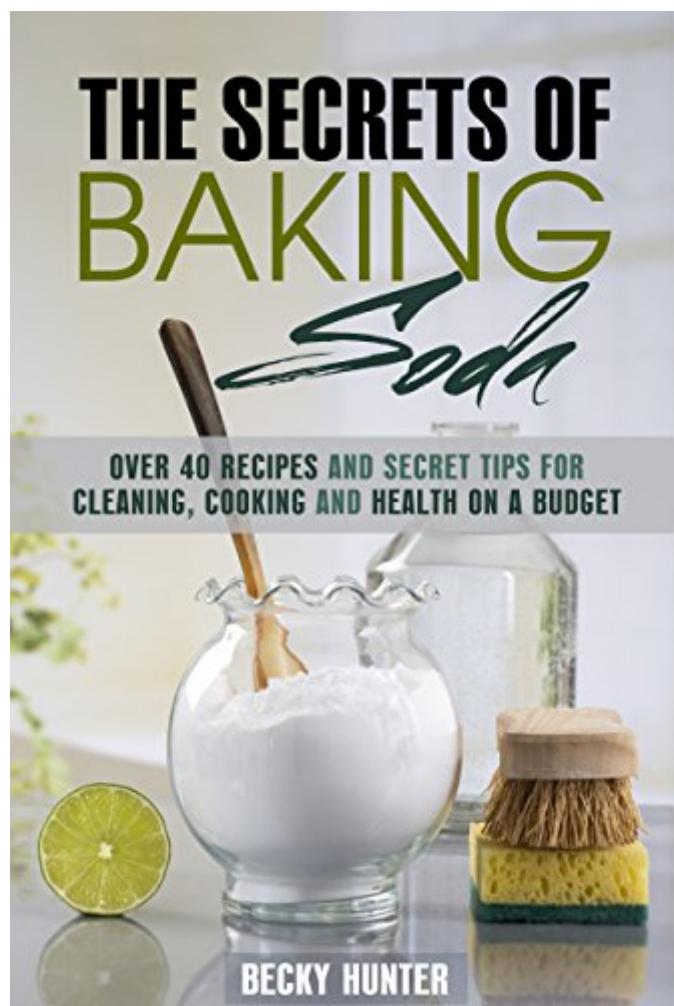


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# The Secrets Of Baking Soda: Over 40 Recipes And Secret Tips For Cleaning, Cooking And Health On A Budget (DIY Household Hacks And Tips)



## **Synopsis**

Are you looking for new ways to help you save money around the house? Do you know just what baking soda can actually do? Chances are if you do any kind of cooking you currently have at least one box of baking soda inside your cupboards. You might even have one outside your pool supplies or down in the laundry room to use when you forget about the load you placed in the washer 3 days ago. While these are just some of the examples of how baking soda can be used, the reality is it can be used for so much more. For those of you that are interested in finding out just how useful baking soda can be and how many different ways it can be used, this book is the perfect choice for you. Inside this amazing book you will discover how you can use baking soda to clean your house, including the bathrooms, without using harsh chemicals. You will also find out how easy it is to treat common ailments, such as burns and bee stings at home with the help of baking soda. Inside You Will Learn:

- The history of baking soda
- How to use baking soda to clean the bathroom
- How to use baking soda to make household cleaning products
- Different ways to use baking soda in the kitchen, aside from baking
- Baking soda recipes for common ailments
- How to baking soda works as a beauty product
- And Much More

Once you discover just how useful baking soda can be your life is never going to be the same again. With the power of baking soda behind you, you can provide a safe, non-toxic environment for your family, as well as save money with the useful and frugal recipes. So what are you waiting for, go out there and download this book today!

## **Book Information**

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## **Customer Reviews**

Did you know that baking soda can be used for more than cooking? I like to read the history of things like baking soda and how they were used, I also am always interested in using more natural items rather than all the chemical compounds for needs I might have. Like making and using baking soda for deodorant, using baking soda paste for bug bites, using baking soda for heartburn instead of the pills from your local pharmacy. There are 40 or so different baking soda recipes for using baking soda to clean, cook and for health and beauty. Included are recipes for oven cleaner, bathroom cleaner, drain cleaner (which I have made and used), toilet bowl cleaner, degreaser, and more! There are recipes for using baking soda in cooking, the brownie mix recipe sounds good although I didn't try it. For health and beauty there are recipes for face mask, an exfoliating mask, deodorants, remineralizing toothpaste, heartburn relief, dandruff remover, nail fungus treatment, dry shampoo, sunburn relief, comb and brush cleaner (this is a favorite due to use of hair sprays and other stuff on my hair). The book concludes with best practices for using baking soda and some of the common mistakes in its use. The book is organized, well written and the graphics in sections are good. "Disclosure: I received this product for free in exchange for my honest and unbiased review"

I received this book for free for my honest review. This book gives you different recipes for cleaning and health care. If you have not read or researched this subject before, this book might be a good start for you. But if you have read about this subject before, these recipes are ones you probably have read before. I am not thrilled that the author forgets to remind readers to label any leftover cleaning mixture the reader wants to store. The author overuses the word cook; there are places where the author says cook and you should bake the recipe. Also the word cook is used when mixing up ingredients and no cooking is being done. This book talks about treating ulcer pain, but does not tell you to see a doctor to cure your ulcers. Please do so, as medication is the only way - my mom had to go through the 30 day treatment many years ago. All in all it's a basic book on the uses of baking soda.

This book includes a number of hints and recipes for all kinds of ways to use baking soda. Most have been around for centuries and I remember seeing them in the old time Hints from Heloise newspaper column. If you don't already know a lot of uses for baking soda you might buy this book to learn something new. And how to avoid expensive products that are on the market for the same purposes. It is just one of many books on the same subject, all with very similar suggestions. I received a PDF version of this book at no charge in exchange for my honest review.

Who knew baking soda could be so versatile? I've always used baking soda in baking, as I'm sure we all have, but I never knew it had so many other uses. This delightful book gives a brief history of baking soda, as well as a plethora of 'recipes' for using baking soda to do everything from deodorising the refrigerator to removing splinters, cleaning your pots to putting out grease fires, and so much more. This is one book everyone on a budget needs to read! Stop spending your hard-earned dollars on expensive (and potentially toxic) cleansers, beauty products, and even home-health aids....just grab a box of baking soda...and get ready to save money!"Disclosure: I received this product for free in exchange for my honest unbiased review"

A mostly well written book with the history of baking soda and a lot of other information. It can be used in many ways to clean around the house. It also can be used to make health and beauty products that people spend a lot of money on. Baking soda can be used to clear drains and do a lot of other things. It can also be used for health issues and of course for cooking. A great all around reference book with all kinds of information and detailed instructions for using baking soda. I found a number of editing issues but this is common in ebooks and in this case does not mar the content of the book as it sometimes does. Disclosure: I received this book free in exchange for my honest review.

As baking soda has been used for hundreds of years, it makes sense that we revert back to some of the old fashioned, simple, natural remedies that work, and get rid of the chemicals littering our homes and destroying the environment. I appreciate the author writing a book explaining the natural benefits of baking soda, and giving us many great recipes for cleaners, beauty aids, and baking. I will definitely be using these recipes. They are easy to do, and the ingredients are usually already in most homes, or products that can be found at grocery stores and drug stores. I received this product for free in exchange for my honest unbiased review.

I was given this book from FavoReads in exchange for an honest review. This book has it all. How to cook with it, clean with it & use it as a medicine. It is used in all kinds of baking recipes. It can be used to replace lots of cleaners in your home. It can be used when u have some medical problems such as heart burn. It can be used to replace lots of beauty supplies like deodorant. This book is really helpful to help u make the products. I'll be using this book alot because I want to replace my cleaners & go green.

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